

Heaven on Earth Now - From the Heart Script

Regardless of my current situation in life; I know that there is a balance that is present by the very fact of whatever challenges or scarcities I may be faced with... I know that I unconditionally love and accept myself and that I am true to myself, my needs and what I express to others.

I now allow others to find and follow their true paths in life with unconditional love and acceptance of all! As I am one with all that is and I accept this oneness peacefully, effortless and completely!

I love and understand myself and others with greater amounts of patience every day in every way.

I now create an attitude of thankfulness and forgiveness of myself and others while living my life freely in the present moment, the "now" of each and every day.

I now know that I create my life; I also know that I am responsible for what happens to me and how I feel about all; therefore, I take full control to be flexible to challenges and changes while seeing and understanding exactly what it is that I am learning and how I am growing every day in every way with love and patience for all!

My attitude about life is positive, flexible, loving, patient, understanding and responsibly accepting of myself, circumstances and others.

I am one with all that is!

I am love and I am loved.

More importantly - I now feel love, compassion and gratitude for all that is as my body continues to heal and evolve safely, gently and effortlessly.

And, since I now know that I am always loved, protected, cared for and nurtured by the heavenly host of divine entities, spirit guides and beings, I simply allow in full trust and faith only that which is for my highest and best good, that which is positive and that which is light, love and truth to guide, direct, transform and evolve my multidimensional being from this day forward on all levels and dimensional realities across all time and space!

I accept my life as I am right now while surrendering any and all my fears with ease in any moment at any time.

Whenever I find myself faced with inner challenges or challenges coming from outside myself, I instantaneously fill with peaceful, non-cooperation with these difficulties and challenges as needed and guided!

And more importantly, I now feel infinite love, compassion forgiveness, understanding and gratitude for all that is as my body continues to heal safely and with joy!

Six Virtues of the Heart

Remember and repeat daily (whenever and wherever needed)

1. Appreciation - expresses itself in the small gestures of gratitude that support relationship loyalty and bonding knowing that we are all part of the first Source (higher Intelligence) that surrounds us and unifies us as one collective consciousness.
2. Compassion - is an active desire to assist others to align with the new fields of intelligence that are manifesting in the three dimensional world as a way to relieve their deep suffering.
3. Forgiveness - a natural state of acceptance that each of us is doing the best we possibly can at any given moment under the current circumstances.
4. Humility - realization that the heart, mind and the soul co-mingle in the grace of a higher intelligence or designing force.
5. Understanding - we / all is purely love at the core level.
6. Valor - speaking truth to (em)-power honorably... especially when an injustice is committed! (from eventemples.com Living from the heart).